



Self-Managed “Self-Control”

*TAKING RESPONSIBILITY FOR
ACTIONS AND BEHAVIOR*

Questions I ask myself:

- How do I make sure I am doing what I need to do?
- How do my actions match up with what it means to be a LifeLeader?
- How can I change my behavior to get along with others?
- What do I need to learn to be successful?



Self-Managed

What I Do and Say:

- Create good habits
- Keep my hands to myself
- Express my feelings clearly
- Focus on what I am good at and get help where I need it
- “I can control my words, actions and feelings.”

What I Don't Do and Say:

- Allow bad habits to keep happening
- Let emotions control my actions
- Blame others for my problems
- “It's not my fault.”



#LifeLeader